

## For Further Information

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Investing a few hours of times on the web can help you find the programs and services that may not only ease the financial burden, but may also greatly improve the quality of your elderly parents' lives. Check out these web sites:

- **National Council on the Aging** - On its [www.benefitscheckup.org](http://www.benefitscheckup.org) website, you can find out which federal, state and local government benefits for which your parents might qualify. Many of the programs, including those that provide assistance with health care, utility and property tax bills, are available to middle class families. You'll need information on your parents' Social Security benefits and other assets in order to fill out the questionnaire on the site.
- **Government Agencies** - Several agencies sponsor [www.govbenefits.gov](http://www.govbenefits.gov). You can also search this site to find the government programs your parent can use. It's best to search on both sites to make sure you're not missing anything.
- **U.S. Administration on Aging** - The Eldercare locator at, its [www.Eldercare.gov](http://www.Eldercare.gov) site will link you to the local agency on aging near you or your parents. That office will have information on a trove of local senior services including everything from assisted living centers to local meals on wheels. Be sure to visit the Caregiver Resource Room on the site for links to all types of help for caregivers including financial tips. (Be careful: Do not confuse this site with eldercare.com, which links to a care management company.)
- **Medicare** - The federal [www.medicare.gov](http://www.medicare.gov) site is clear and easy to navigate. An interactive tool comparing Medicare prescription drug plans is particularly helpful.
- **Money Management** - To find a daily money manager, go to the American Association of Daily Money Manager's site, [www.aadmm.com](http://www.aadmm.com). For a fee, these professionals will pay bills, make deposits, process insurance claims and handle other financial tasks for your parents.